



Weekly Menu

MONDAY

Breakfast: Scrambled Eggs, Bacon or Sausage, Oatmeal, Toast with Jelly

Lunch: Roast Beef, Mashed Potatoes w/ Gravy, Green Beans, Biscuit, Strawberry Poundcake

Dinner: Breakfast Casserole w/ Ham, Cheese Grits, Hot Biscuit and Jam, Stewed Apples

TUESDAY

Breakfast: Scrambled Eggs, Cooked or Dry Cereal, Buttered Grits, Toast with Jelly

Lunch: Stuffed Bell Peppers with Rice, California Blend Vegetables, Dinner Rolls, Apple Crisp

Dinner: Jambalaya w/ Smoked Sausage and Bell Peppers Over Rice, Hoagie Bun, Brownies

WEDNESDAY

Breakfast: Biscuits, Sausage Gravy, Mixed Fruit

Lunch: Beef Tips, Buttered Noodles, Roasted Brussel Sprouts, Dinner Rolls, Peach Cobbler

Dinner: Chicken and Rice Casserole, Garlic Texas Toast, Sliced Cucumber and Tomato Salad, Cookie

THURSDAY

Breakfast: Scrambled Eggs, Bacon or Sausage, Pancakes with Syrup, Strawberry Topping

Lunch: BBQ Chicken, Mac & Cheese, Sweet Peas, Yeast Roll, Banana Bread

Dinner: Hamburger Steak, Mashed Potatoes w/ Gravy, Yellow Squash, Key Lime Pie

FRIDAY

Breakfast: Scrambled Eggs, Bacon or Sausage, French Toast with Syrup, Fresh Fruit

Lunch: Meat Loaf, Sauted Squash & Onions, Rice Pilaf, Dinner Rolls, Banana Pudding

Dinner: Chili Cheese Dogs, Coleslaw with Pickles, French Fries, Ice Cream Sunday

SATURDAY

Breakfast: Scrambled Eggs, Bacon or Sausage, Oatmeal, Toast with Brown Sugar Butter

Lunch: Crispy Fried Fish, Steamed Broccoli, Over Roasted Potatoes, Corn Bread, Oatmeal Cookie

Dinner: Ham and Cheese Quiche, Hot Bacon Slices, Hot Cream Cheese Grits, Blueberry Muffin

SUNDAY

Dinner: Scrambled Eggs, Bacon or Sausage, Buttered Grits, Toast with Jelly

Lunch: Pork Roast, Scalloped Potatoes, Carrots, Corn Bread, Cream Cheese Cake

Dinner: Shepherd's Pie w/ Mouth Potatoes, Brussel Sprouts, Buttered Corn Bread