

# Weekly Menu

## MONDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Meatloaf, Rutabegas, Mashed Potatoes, Rolls, Dessert

Dinner: Chicken & Dumplings, Green Beans, Rolls, Dessert

## TUESDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Fried Chicken, Black-eyed Peas, Macaroni & Cheese, Cornbread, Dessert

Dinner: Spaghetti, Salad, Corn, Toast

## WEDNESDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Hotdogs, Hamburgers, Slaw, Potato Chips, Dessert

Dinner: Quiche, Bacon, Asparagus, Yogurt

## THURSDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Roasted Pork, Steamed Broccoli, Potato Salad, Rolls, Dessert

Dinner: Chicken Pot Pie, Turnip Greens, Rolls, Dessert

## FRIDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Baked Chicken, Butterbeans, Stewed Tomatoes, Cornbread, Dessert

Dinner: Steak Sandwich, Sweet Potato Fries, Slaw, Dessert

## SATURDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Crab Cakes, Roasted Potatoes, Steamed Cabbage, Hushpuppies, Dessert

Dinner: Grilled Ham & Cheese, Carrot-Raisin Salad, Baked Beans, Dessert

## SUNDAY

---

Breakfast: Scrambled Eggs, Bacon, sausage, Grits, Oatmeal, Homemade biscuits, toast, coffee, juice

Lunch: Pasta Bake, Green Peas, Rolls, Dessert

Dinner: Beef Stew, Rice, Rolls, Dessert