

SUN

MON

TUE

WED

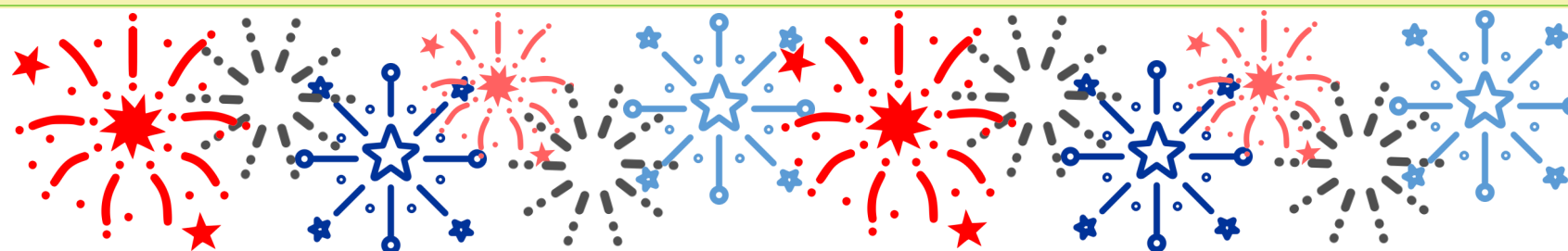
THURS

FRI

SAT



690 Mt. Vernon Highway,  
Sandy Springs, Georgia  
(404) 843-8857



**1**  
FL 10:30 Walking Club  
B 11:00 Floral Arrangements  
B 2:00 BINGO  
AR 3:15 Manicures  
TH 4:00 Evening Movie

**2**  
2fl 10:30 Walking Club  
TH 11:00 Televised Church  
B 2:00 Creative Art Coloring  
TH 3:00 Puzzle Find  
TH 4:00 Evening Movie

**3**  
BS 10:00 **Beauty Shop**  
LR 10:30 Morning Exercise  
B 11:00 Clipping Coupons for  
Military Families  
B 2:00 Cards & Board Games  
*Happy Birthday William Dee*

**4**  
LI 11:30 Bible Study w/ Fran  
LI 12:00 Sentimental Journey  
LR 2:00 Weston Exercise Group  
B 2:00 Stitching w/ Harold  
TH 3:00 Evening Movie

**5**  
LR 10:30 Morning Exercise  
B 11:15 BINGO  
LR 12:15 **Outing: Longhorn's**  
B 2:30 Art w/ Pat  
TH 4:00 Men's Club

**6**  
LR 10:30 Morning Exercise  
LR 11:15 Current Events  
B 2:00 Baking Club  
B 3:00 Trading Recipes  
FL 4:00 Walking Club

**7**  
BS 10:00 **Beauty Shop**  
LR 10:30 **Outing: Walmart**  
LI 11:30 Bible Study w/ Renee  
B 2:00 Crafts  
DR 3:00 Happy Hour

**8**  
FL 10:30 Walking Club  
B 11:00 Floral Arrangements  
B 2:00 BINGO  
AR 3:15 Manicures  
TH 4:00 Evening Movie

**9**  
2fl 10:30 Walking Club  
TH 11:00 Televised Church  
B 2:00 Creative Art Coloring  
TH 3:00 Puzzle Find  
TH 4:00 Evening Movie

**10**  
BS 10:00 **Beauty Shop**  
LR 10:30 Morning Exercise  
B 11:00 Clipping Coupons for  
Military Families  
B 2:00 Cards & Board Games  
*Teddy Bear Picnic Day*

**11**  
LI 11:30 Bible Study w/ Fran  
LI 12:00 Sentimental Journey  
LR 2:00 Weston Exercise Group  
B 2:00 Stitching w/ Harold  
LI 3:00 **Activity Meeting**  
*National Cheer up the Lonely Day*

**12**  
LR 10:30 Morning Exercise  
B 11:15 BINGO  
LR 12:15 **Outing: Hammocks**  
B 2:30 Art w/ Pat  
TH 4:00 Men's Club

**13**  
LR 10:30 Morning Exercise  
LR 11:15 Words in Words  
B 2:00 Baking Club  
B 3:00 Resident Council  
B 5:00 **Sip & Paint**

**14**  
B 10:00 **Beauty Shop**  
LR 10:30 **Outing: Dollar Tree**  
LI 11:30 Bible Study w/ Renee  
B 2:00 Crafts  
DR 3:00 Happy Hour

**15**  
FL 10:30 Walking Club  
B 11:00 Floral Arrangements  
B 2:00 BINGO  
AR 3:15 Manicures  
TH 4:00 Evening Movie

**16**  
2fl 10:30 Walking Club  
TH 11:00 Televised Church  
B 2:00 Creative Art Coloring  
TH 3:00 Puzzle Find  
TH 4:00 Evening Movie

**17**  
BS 10:00 **Beauty Shop**  
LR 10:30 Morning Exercise  
B 11:00 Clipping Coupons for  
Military Families  
B 2:00 Cards & Board Games

**18**  
LI 11:30 Bible Study w/ Fran  
LI 12:00 Sentimental Journey  
LR 2:00 Weston Exercise Group  
LR 3:00 **Food Committee Meeting**  
DR 5:00 **Family Night**

**19**  
LR 10:30 Morning Exercise  
B 11:15 BINGO  
LR 12:15 **Outing: Applebee's**  
B 2:30 Art w/ Pat  
TH 4:00 Men's Club  
*National Stick Out Your Tongue Day*

**20**  
LR 10:30 Morning Exercise  
LR 11:15 Name "5" Word Game  
B 2:00 Trade Recipes  
DR 3:00 **Birthday Social**  
DR 5:00 **Family Night**  
*Happy Birthday Raymond Pfeifer*

**21**  
B 10:00 **Beauty Shop**  
LR 10:30 **Outing: Publix**  
LI 11:30 Bible Study w/ Renee  
B 2:00 Crafts  
DR 3:00 Happy Hour

**22**  
FL 10:30 Walking Club  
B 11:00 Floral Arrangements  
B 2:00 BINGO  
AR 3:15 Manicures  
TH 4:00 Evening Movie

**23**  
2fl 10:30 Walking Club  
TH 11:00 Televised Church  
B 2:00 Creative Art Coloring  
TH 3:00 Puzzle Find  
TH 4:00 Evening Movie

**24**  
BS 10:00 **Beauty Shop**  
LR 10:30 Morning Exercise  
B 11:00 Clipping Coupons for  
Military Families  
LR 2:00 **Entertainment: Jenni Michelson**

**25**  
LI 11:30 Bible Study w/ Fran  
LI 12:00 Sentimental Journey  
LR 2:00 Weston Exercise Group  
B 2:00 Stitching w/ Harold  
TH 3:00 Evening Movie  
*Happy Birthday John Kroeger*

**26**  
LR 10:30 Morning Exercise  
B 11:15 BINGO  
LR 12:15 **Outing: California Pizza**  
B 2:30 Art w/ Pat  
TH 4:00 Men's Club  
*Happy Birthday Don Lindsey*

**27**  
DR 9:00 **Community Breakfast**  
LR 11:15 Trivia on DVD  
B 2:00 Baking Club  
B 3:00 Trading Recipes  
FL 4:00 Walking Club

**28**  
B 10:00 **Beauty Shop**  
LR 10:30 **Outing: Super Target**  
LI 11:30 Bible Study w/ Renee  
B 2:00 Crafts  
DR 3:00 **BINGO Bucks Auction**

**29**  
FL 10:30 Walking Club  
B 11:00 Floral Arrangements  
B 2:00 **Community BINGO**  
AR 3:15 Manicures  
TH 4:00 Evening Movie

**30**  
2fl 10:30 Walking Club  
TH 11:00 Televised Church  
B 2:00 Creative Art Coloring  
TH 3:00 Puzzle Find  
TH 4:00 Evening Movie



LI Library  
LR Front Living Room  
B Bistro  
DR Dining Room  
TH Theater  
AR Activity Room

Additional Text (i.e. holiday, birth

Activities are subject to change. Please contact [bwalker@insigniaseniorliving.com](mailto:bwalker@insigniaseniorliving.com) with any questions.