



Tapestry House
an Insignia Assisted Living Community

Weekly Menu

MONDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: Peach Glazed Ham, Baked Yam, Green Beans, Cornbread Muffin

Dinner: Roast Beef with Gravy, Rice, Grilled Vegetable, Dinner Roll, Chef's Soup

TUESDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: Chicken Francese, Baked Potato, Fried Green Tomato, Dinner Roll

Dinner: Baked Italina Lasagna, Caprese Salad, Garlic Bread, Chef's Soup

WEDNESDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: B.B.Q Beef Brisket, Corn on the Cob, Baked Beans, Dinner Roll

Dinner: Classic Hotdog with Chili, Cole Slad, French Fries, Chef's Soup

THURSDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: Fried Shrimp, Au Gratin Potatoes, Sauteed Broccoli, Dinner Roll

Dinner: Veal Marsala with Egg Noodle, Roasted Squash Veggie, Medley, Dinner Roll, Chef's Soup

FRIDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: Grilled Teriyaki Steak, Sreved With Veggie Fried Rice, Egg Roll

Dinner: Quiche Lorraine, Garden Salad, Dinner Roll, Chef's Soup

SATURDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: Crab Cake with Herb Salad Served, With Caesar Dressing, Dinner Roll

Dinner: New York Style Pizza with 3 Chicken Wing, Mixed Green Salad, Chef's Soup

SUNDAY

Breakfast: Juice or Coffee, Cold or Hot Cereal, Scrambled Eggs, Bacon or Sausage, Choice of Toast

Lunch: Grilled Chopped Steak with Mushroom Gravy, Mashed Potatoes, Fried Okra, Dinner Roll

Dinner: Chef Salad with Ham and Turkey, Crackers, Chef's Soup