



Weekly Menu

MONDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Chicken Parmesan, Marinara Linguini, Vegetable Blend, Hot Rolls, Pie

Dinner: Beef Lasagna, Yellow Squash, Garlic Bread, Chef's Choice

TUESDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Roasted Turkey, Green Beans, Steamed Potatoes, Hot Rolls

Dinner: Fish Filet on a Bun w/ Tartar Sauce, French Fries, Chef's Choice

WEDNESDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Shrimp Creole, White Rice, Collard Greens, Corn Bread, Peach Cobbler

Dinner: Chef Salad w/ Ham, Cheese, Boiled Eggs, Tomato, Cucumber

THURSDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Chicken and Gravy, Mashed Potatoes, Broccoli, Hot Rolls

Dinner: Chicken Ranch Wraps Chips, Xouign Amann

FRIDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Lemon Butter Chicken, Noodles, Peas and Carrots, Hot Rolls

Dinner: Hot Dogs, Coleslaw, Baked Beans, Chef's Choice

SATURDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Sirloin Steak, French Fries, Corn on Cob, Ice Cream w/ Balsamic Swirl

Dinner: BLT Sandwiches, Cucumber Tomato Salad, Chef's Choice

SUNDAY

Breakfast: Oatmeal/Grits, Cold Cereal, Scrambled Eggs, Bacon/Turkey Sausage

Lunch: Fried Pork Chop, Sweet Potatoes, Lima Beans, Rolls, Chocolate Cake

Dinner: Quiche w/ cheese, Mixed vegetables, Dinner roll, Chef's choice